

## Cohen Children's Northwell Health

### Behavioral Health Center at Rockville Centre

#### A School District Collaborative

The Behavioral Health Center provides timely access to mental health services for school-aged children and adolescents who need urgent mental health support. The dedicated center is designed as an alternative treatment setting for those who need urgent or same-day intervention, but do not necessarily require the services of the emergency room. The center is exclusively available for the students of our partnering districts. Our goal is to evaluate your child thoroughly and efficiently to make sure he or she gets the appropriate care. We strive to make your family's experience as pleasant as possible.

#### We are here to help you!

**Assessment:** Our mental health clinician and child and adolescent psychiatrist will conduct a focused mental health evaluation, assessing immediate safety concerns and further mental health needs. If indicated and urgently needed, medication may be started in the urgent care setting.

**Referral:** The center will provide resources and support to connect you with community based mental health treatment in your area, when indicated, which includes psychotherapy, psychiatry and case management services (for those not already in treatment).

**Coordination of care:** Our team will reach out to your child's referring school, pediatrician, outpatient provider or case manager to collaborate and communicate findings and recommendations.

**Transitional care:** We offer in-person short term care and/or telephonic follow-up until a connection with outpatient treatment can be established.



